



Henry County Elementary Schools After School Snack Program

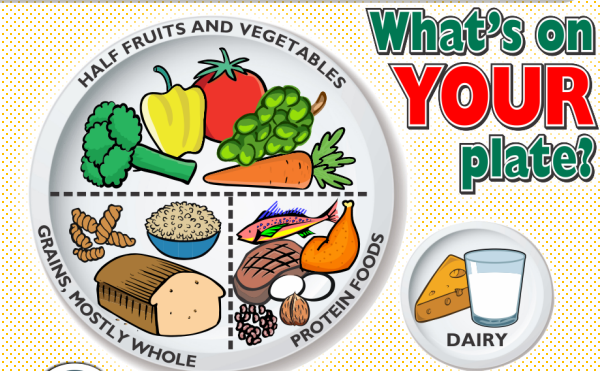
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taste the world: Your school LUNCH passport!

National School Lunch Week | October 13-17, 2025

#NSLW Art Contest: Submit Your Original #NSLW Themed Art to Your School Nutrition Manager by Oct. 17th

Monday, Sept. 29 WG Muffin Milk	Tuesday, Sept. 30 Corn Dog (Ketchup & Mustard) 100% Juice	Wednesday, Oct. 1 Smart Snack Chips 100% Juice	Thursday, Oct. 2 Goldfish Crackers 100% Juice	Friday, Oct. 3 WG Graham Crackers Milk
Monday, Oct. 6 WG Muffin Milk	Tuesday, Oct. 7 WG Frudel Milk	Wednesday, Oct. 8 Smart Snack Chips 100% Juice	Thursday, Oct. 9 Mini Bagels 100% Juice	Friday, Oct. 10 WG Cereal Milk
Monday, Oct. 13 WG Muffin Milk	Tuesday, Oct. 14 Corn Dog (Ketchup & Mustard) 100% Juice	Wednesday, Oct. 15 Smart Snack Chips 100% Juice	Thursday, Oct. 16 Goldfish Crackers 100% Juice	Friday, Oct. 17 WG Graham Crackers Milk
Monday, Oct. 20 WG Muffin Milk	Tuesday, Oct. 21 WG Frudel Milk	Wednesday, Oct. 22 Smart Snack Chips 100% Juice	Thursday, Oct. 23 Mini Bagels 100% Juice	Friday, Oct. 24 WG Cereal Milk
Monday, Oct. 27 WG Muffin Milk	Tuesday, Oct. 28 Corn Dog (Ketchup & Mustard) 100% Juice	Wednesday, Oct. 29 Smart Snack Chips 100% Juice	Thursday, Oct. 30 Goldfish Crackers 100% Juice	Friday, Oct. 31 WG Graham Crackers Milk



Q: Besides carving, what else can you POSSIBLY do with a pumpkin?!

A: PLENTY! When the colonists first came to North America, they found Native Americans making mats out of pumpkin strips, using pumpkin as medicine, and also roasting strips and seeds for food. The colonists learned to slice the tops off pumpkins, fill them with milk, spices, and honey and bake them directly in hot ashes. That was the origin of Pumpkin Pie!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html