



Menus for
December
2025



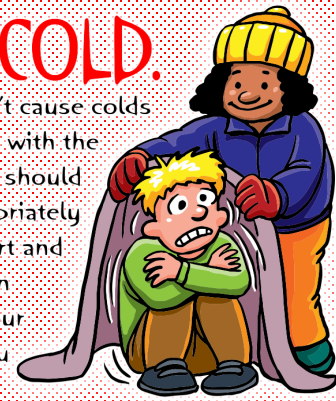
**Henry County
Elementary Schools
After School Snack
Program**

This institution is an equal opportunity provider. Menus are subject to change.



COLD ≠ COLD.

Cold weather doesn't cause colds – viruses do! Same with the flu. Of course, you should always dress appropriately outdoors for comfort and to avoid frostbite (in other words, put your coat on!) But if you don't want to get sick, you should remember to wash your hands!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Monday, Dec. 1
WG Muffin
Milk

Tuesday, Dec. 2
Corn Dog
(Ketchup & Mustard)
100% Juice

Wednesday, Dec. 3
Smart Snack Chips
100% Juice

Thursday, Dec. 4
Goldfish Crackers
100% Juice

Friday, Dec. 5
WG Graham Crackers
Milk

Monday, Dec. 8
WG Muffin
Milk

Tuesday, Dec. 9
WG Frudel
Milk

Wednesday, Dec. 10
Smart Snack Chips
100% Juice

Thursday, Dec. 11
Mini Bagels
100% Juice

Friday, Dec. 12
WG Cereal
Milk

Monday, Dec. 15
WG Muffin
Milk

Tuesday, Oct. Dec. 16
Corn Dog
(Ketchup & Mustard)
100% Juice

Wednesday, Dec. 17
Smart Snack Chips
100% Juice

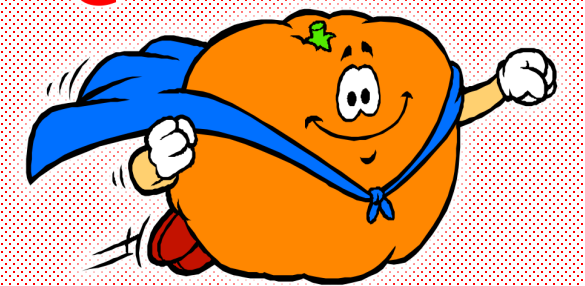
Thursday, Dec. 18
Goldfish Crackers
100% Juice

Friday, Dec. 19
WG Graham Crackers
Milk



**What's on
YOUR
plate?**

Q: Why did Super Orange lose the big race around the world?



A: He just ran out of juice! Don't let this happen to you – juice makes a tasty fruit serving!



This holiday season, here's hoping we can all help keep each other safe and happy!

No School Dec. 22-Jan. 6

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html