

**Henry County
Middle Schools**

Menus for November 2025

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

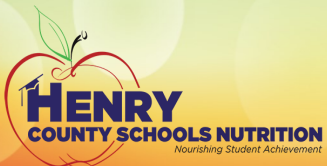
Breakfast (in blue):

- Assorted Cereal
- Fresh Apples & Oranges
- 100% Fruit Juice
- Choice of Low Fat Milk

Lunch:

- Fresh Apples & Oranges
- Stuffed Crust Pizza
- Chicken Wrap
- Choice of Low Fat Milk

*Pork products listed in pink.



Need information on free and reduced-priced meals click here: <https://www.henry.k12.ga.us/divisions/business-and-financial-services/school-nutrition/free-and-reduced-meal-applications>

Featured Specials of the Day

Monday, November 3

- French Toast Sticks w/ Sausage, Muffin w/ Yogurt,
- 1.Crispitos 2.PBJ/Wow Sandwich w/ Chips, 3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Applesauce

Tuesday, November 4



NO SCHOOL TODAY

Wednesday, November 5

- Sausage Biscuit, Mini Bagels w/ Cream Cheese,
- 1.Chicken Sandwich, 2.PBJ/Wow Sandwich w/ Chips 3.Popcorn Chicken w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, November 6

- Breakfast Pizza, WG Muffin w/ Yogurt,
- 1.Turkey & Dressing, 2.PBJ/Wow Sandwich w/Chips, Green Beans, Sweet Potatoes, Roll, Peach Cobbler, Frozen Juice Cup

Friday, November 7

- Chicken Biscuit, Frosted Breakfast Pastry
- 1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3.Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

2025-2026: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.50	\$2.75
Students Grades 6-12	\$1.50	\$2.85
Student Reduced Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.75	\$4.50
MILK ONLY	\$0.60	\$0.60
Adult Meals	\$2.75	\$4.50

DON'T FORGET!



**TURN
BACK
TIME**

SUNDAY, NOV. 2

DON'T 4GET!
Take at least **ONE**
FRUIT or
VEGGIE
and at least **THREE**
items total so your meal
counts as a complete lunch!



**Students,
Join us for our
Thanksgiving
Feast**

**Thursday,
November 6th**



Please see other page for items available daily

Featured Specials of the Day

Monday, November 10

Sausage Biscuit, Chicken Biscuit,

1. Chicken Strips w/ Mac & Cheese
2. BBQ Sandwich,
3. PBJ/Wow Sandwich w/ Chips, Carrot Sticks w/ Ranch, Baked Beans 1/2 cup, Pineapple Tidbits

Tuesday, November 11

WG Muffin w/ Yogurt, Cheese Grits w/ Sausage and Toast,

1. Spicy Chicken Sandwich,
2. Deli Turkey Sandwich
3. Garden Salad w/ Chicken, Potato Tots, Garden Salad w/ Ranch, Sliced Peaches

Wednesday, November 12

Sausage Biscuit, Breakfast Frudel,

1. Ravioli w/ Roll
2. PBJ/Wow Sandwich w/ Chips
3. Chicken Nuggets w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, November 13

WG Muffin w/ Yogurt, Turkey Sausage & Egg Scrambler

1. Beefy Nachos w/ Salsa
2. PBJ/Wow Sandwich w/ Chips, Black Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, November 14

Chicken Biscuit, Frosted Breakfast Pastry,

1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips,
3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Featured Specials of the Day

Monday, November 17

- French Toast Sticks w/ Sausage, Cereal w/ Toast,
 1. Crisritos
 2. PBJ/Wow Sandwich w/ Chips,
 3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Applesauce

Tuesday, November 18

- WG Muffin w/ Yogurt, Blueberry Pancake Stick,
 1. Cheeseburger,
 2. Deli Turkey Sandwich,
 3. Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Sliced Pears

Wednesday, November 19

- Sausage Biscuit, Mini Bagel w/ Cream Cheese
 1. Chicken Drumstick w/ Roll,
 2. PBJ/Wow Sandwich w/ Chips
 3. Popcorn Chicken w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, November 20

- WG Muffin w/ Yogurt, Breakfast Bun,
 1. Orange Chicken & Rice,
 2. PBJ/Wow Sandwich w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, November 21

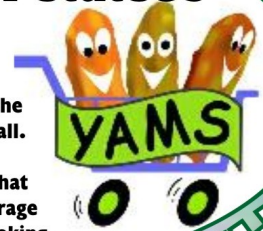
- Chicken Biscuit, Frosted Breakfast Pastry
 1. Stuffed Crust Pizza,
 2. PBJ/Wow Sandwich w/ Chips,
 3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice, WG Rice Krispy Treat

HARVEST OF THE MONTH:

VEGETABLE

Sweet Potatoes

Often called "yams" (although they're not really the same thing), sweet potatoes are among the most nutritious veggies of all. They have a natural, delightful sweetness that increases with storage and with cooking.



OF THE MONTH

Thanks giving

ENJOY YOUR BREAK! NOV. 24-28 SEE YOU IN DECEMBER!