

Menus for March 2026



Henry County Middle Schools

This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

Breakfast (in blue):

- Assorted Cereal
- Fresh Apples & Oranges
- 100% Fruit Juice
- Choice of Low Fat Milk

Lunch:

- Fresh Apples & Oranges
- Stuffed Crust Pizza
- Chicken Wrap
- Choice of Low Fat Milk

*Pork products listed in pink.



2025-2026: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.50	\$2.75
Students Grades 6-12	\$1.50	\$2.85
Student Reduced Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.75	\$4.50
MILK ONLY	\$0.60	\$0.60
Adult Meals	\$2.75	\$4.50

Featured Specials of the Day

Monday, March 2
Sausage Biscuit, Chicken Biscuit,
 1.BBQ Sandwich, 2.Chicken Sandwich, Carrot Sticks w/ Ranch, Baked Beans (1/2 cup), Banana

Tuesday, March 3
Strawberry Smoothies w/ Crackers, WG Muffin w/ Yogurt, 1.Chicken & Waffles
 2.PBJ/Wow Sandwich w/ Chips, Potato Tots, Carrot Sticks w/ Ranch, Applesauce Cup

Wednesday, March 4
Sausage Biscuit, Mini Bagels w/Cream Cheese,
 1.Popcorn Chicken w/ Roll, 2.PBJ/Wow Sandwich w/ Chips, 3.Chicken Alfredo w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 5
WG Muffin w/ Yogurt, Breakfast Pizza,
 1.Beefy Nachos 2.PBJ/Wow Sandwich w/ Chips, Black Beans, Salsa, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, March 6
Chicken Biscuit, Frosted Breakfast Pastry
 1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3.Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

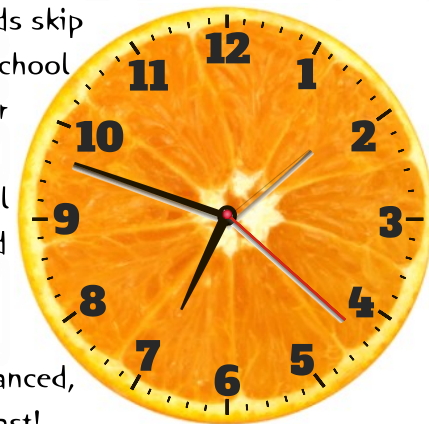
DON'T GET!
 Take at least **ONE**
FRUIT or
VEGGIE
 and at least **THREE**
 items total so your meal counts as a complete lunch!

the quest for school breakfast
 NATIONAL SCHOOL BREAKFAST WEEK
 MARCH 2-6, 2026

Please join us for a nutritious, delicious breakfast during National School Breakfast Week, March 2-6!

SQUEEZED FOR TIME?

Up to 30% of kids skip breakfast every school day. Even if your mornings are frantic, you'll feel better all day and do better in school, too, if you've had a balanced, nutritious breakfast!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Featured Specials of the Day

Monday, March 9

Sausage Biscuit, Chicken Biscuit,

1. Crispos
2. PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Carrot Sticks w/ Ranch, Black Beans, Applesauce

Tuesday, March 10

WG Muffin w/ Yogurt, Cheese Grits w/ Sausage & Toast,

1. Spicy Chicken Sandwich,
2. Deli Turkey Sandwich
3. PBJ/Wow Sandwich w/ Chips, Potato Tots, Garden Salad w/ Ranch, Sliced Peaches

Wednesday, March 11

Sausage Biscuit, Breakfast Frudel,

1. Popcorn Chicken w/ Roll,
2. PBJ/Wow Sandwich w/ Chips,
3. Ravioli w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 12

WG Muffin w/ Yogurt, Blueberry Pancake Stick

1. Orange Chicken w/Rice,
2. PBJ/Wow Sandwich w/ Chips
- Green Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, March 13

Asynchronous Learning Day

HARVEST OF THE MONTH:

FRUIT



Apples are a member of the rose family! They supply lots of fiber, and aren't sticky, so they're sometimes called "nature's tooth brush." Fresh apples are much more nutritious than apple juice.

OF THE MONTH

Featured Specials of the Day

Monday, March 16

Sausage Biscuit, Chicken Biscuit,

1. BBQ Sandwich,
2. Mini Corn Dogs, Carrot Sticks w/ Ranch, Baked Beans (1/2 cup), Pineapple Tidbits

Tuesday, March 17

French Toast Sticks & Sausage, WG Muffin w/Yogurt

1. Cheeseburger,
2. Deli Turkey Sandwich,
3. Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Pear Slices

Wednesday, March 18

Sausage Biscuit, Mini Bagels w/Cream Cheese,

1. Chicken Nuggets w/ Roll,
2. PBJ/Wow Sandwich w/ Chips
3. Grilled Cheese Sandwich, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 19

WG Muffin w/ Yogurt, Breakfast Bun,

1. Cheesy Beefaroni w/ Garlic Toast
2. PBJ/Wow Sandwich w/ Chips, Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

Friday, March 20

Chicken Biscuit, Frosted Breakfast Pastry

1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips,
3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

LINQ Connect

Online School Meal Payment Portal: Linqconnect.com

Featured Specials of the Day

Monday, March 23

Sausage Biscuit, Chicken Biscuit,

- 1.1. Beefy Nachos
2. PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Carrot Sticks w/ Ranch, Black Beans, Applesauce

Tuesday, March 24

WG Muffin w/ Yogurt, Cheese Grits w/ Sausage & Toast,

1. Chicken Parmesan w/ Buttered Noodles
2. Chicken Sandwich
3. Garden Salad w/ Chicken, Potato Tots, Garden Salad w/ Ranch, Sliced Peaches

Wednesday, March 25

Sausage Biscuit, Breakfast Frudel,

1. Popcorn Chicken w/ Roll,
2. PBJ/Wow Sandwich w/ Chips,
3. Manager's Choice, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 26

WG Muffin w/ Yogurt, Sausage, Egg, & Cheese Croissant

1. Teriyaki Chicken w/Rice,
2. PBJ/Wow Sandwich w/ Chips
- Green Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, March 27

Chicken Biscuit, Frosted Breakfast Pastry

1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips,
3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Monday, March 30

Sausage Biscuit, Chicken Biscuit,

1. BBQ Sandwich,
2. Chicken Sandwich, Carrot Sticks w/ Ranch, Baked Beans (1/2 cup), Banana

Tuesday, March 31

WG Muffin w/ Yogurt, Strawberry Mini Pancakes

1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips,
3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice