

WELCOME TO THE NEW YEAR!
MENUS FOR
JANUARY 2026
Henry County Elementary Schools Snack Program

This institution is an equal opportunity provider. Menus are subject to change.



Welcome Back!
We hope you enjoyed your break!

Eat Smart Snacks!

Featuring Healthy
Fruits & Grains!



Monday, January 5
No School
Professional Learning Day

Tuesday, January 6
No School
Professional Learning Day

Wednesday, January 7
 Smart Snack Chips
 100% Fruit Juice

Thursday, January 8
 WG Frudel
 100% Fruit Juice

Friday, January 9
 WG Cereal
 Milk

Monday, January 12
 WG Muffin
 Milk

Tuesday, January 13
 Corn Dog
 (Ketchup & Mustard)
 100% Fruit Juice

Wednesday, January 14
 Smart Snack Chips
 100% Fruit Juice

Thursday, January 15
 Goldfish Crackers
 100% Fruit Juice

Friday, January 16
 WG Graham Crackers
 Milk

Monday, January 19
No School
Martin Luther King Jr. Holiday

Tuesday, January 20
 WG Muffin
 Milk

Wednesday, January 21
 Smart Snack Chips
 100% Fruit Juice

Thursday, January 22
 Mini Bagels
 100% Fruit Juice

Friday, January 23
 WG Cereal
 Milk

Monday, January 26
 WG Muffin
 Milk

Tuesday, January 27
 Corn Dog
 (Ketchup & Mustard)
 100% Fruit Juice

Wednesday, January 28
 Smart Snack Chips
 100% Fruit Juice

Thursday, January 29
 Goldfish Crackers
 100% Fruit Juice

Friday, January 30
 WG Graham Crackers
 Milk

Put me in my place!
Is the tomato a fruit or a vegetable?



A lot of people think the tomato is a vegetable, but it's really a fruit. An especially "fruity" type of tomato is the grape tomato. Try these little sweeties with dip, in salads, or straight out of the carton!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html