

Menus for April 2026

Henry County High Schools

This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

Breakfast (in blue):

Assorted Cereal
Fresh Apples & Oranges
100% Fruit Juice
Choice of Low Fat Milk

Lunch:

Fresh Apples & Oranges
Stuffed Crust Pizza
Chicken Wrap
Choice of Low Fat Milk

*Pork products listed in pink.

2025-2026: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.50	\$2.75
Students Grades 6-12	\$1.50	\$2.85
Student Reduced Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.75	\$4.50
MILK ONLY	\$0.60	\$0.60
Adult Meals	\$2.75	\$4.50

Featured Specials of the Day

Wednesday, April 1

Sausage Biscuit, Mini Bagels w/Cream Cheese,
1.Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips
3. Nacho Soup w/ Chips, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, April 2

WG Muffin w/ Yogurt, Breakfast Pizza
1. Lil Smokies w/ Mac & Cheese 2. Chicken w/ Mac & Cheese
3.PBJ/Wow Sandwich w/ Chips, Steamed Cabbage, Carrot Sticks, Cornbread, Frozen Juice Cup

Friday, April 3

Chicken Biscuit, Frosted Breakfast Pastry
1.Cheeseburger, 2.Deli Turkey Sandwich, Seasoned Fries, Lettuce & Tomatoes, Pear Slices

SPRING BREAK

Break begins at the end of classes:
Friday, April 3

Classes resume:
Monday, April 13

DON'T 4GET!
Take at least **ONE**
FRUIT or
VEGGIE
and at least **THREE**
items total so your meal counts as a complete lunch!

Featured Specials of the Day

Monday, April 13

Sausage Biscuit, Chicken Biscuit,
1.Beefy Nachos 2.PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Bean & Corn Salsa, Applesauce

Tuesday, April 14

WG Muffin w/ Yogurt, Cheese Grits w/ Sausage & Toast,
1.Spicy Chicken Sandwich, 2.Deli Turkey Sandwich
3.PBJ/Wow Sandwich w/ Chips, Potato Tots, Garden Salad w/ Ranch, Sliced Peaches

Wednesday, April 15

Sausage Biscuit, Breakfast Frudel,
1.Popcorn Chicken w/ Roll, 2.PBJ/Wow Sandwich w/ Chips,
3.Chicken Drumstick w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, April 16


WG Muffin w/ Yogurt, Blueberry Pancake Stick
1. Orange Chicken w/Rice, 2. PBJ/Wow Sandwich w/ Chips,
Green Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, April 17

Chicken Biscuit, Frosted Breakfast Pastry
1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,
3.Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

FRUIT

Strawberries



Strawberries are the most popular berries, and they're nutritious, too. A half-cup of strawberries supplies nearly three quarters of your daily vitamin C and more fiber than a slice of whole wheat bread.

OF THE MONTH



What's on YOUR plate?

Featured Specials of the Day

Milestones Testing Week

Monday, April 27

Sausage Biscuit, Chicken Biscuit,

1. Stuffed Crust Pizza,
2. Chicken Wrap Trays
3. Turkey Wrap Trays
4. PBJ/Wow Sandwich w/ Chips, Black Bean & Corn Salsa
- Carrot Sticks w/ Ranch, Banana

Tuesday, April 28

WG Muffin w/ Yogurt, Cheese Grits w/ Sausage & Toast,

1. Spicy Chicken Sandwich Sack Lunch
2. PBJ/Wow Sandwich Sack Lunch,
3. Deli Turkey Sandwich Sack Lunch, Broccoli w/ Ranch, Fresh Apple

Wednesday, April 29

Sausage Biscuit, Mini Bagels w/ Cream Cheese,

1. Cheeseburger Sack Lunch
2. PBJ/Wow Sandwich Sack Lunch, Carrot Sticks w/ Ranch, Fresh Apples & Oranges

Thursday, April 30

WG Muffin w/ Yogurt, Breakfast Bun,

1. Grilled Cheese Sandwich Sack Lunch
2. Corn Dog Sack Lunch, Cucumber Salad, Fresh Strawberries

Friday, May 1

Chicken Biscuit, Frosted Breakfast Pastry

1. Hot Dog Sack Lunch
2. PBJ/Wow Sandwich Sack Lunch, Baked Beans (1/2 cup) Carrot Sticks w/ Ranch, 100% Fruit Juice

Featured Specials of the Day

Monday, April 20

Sausage Biscuit, Chicken Biscuit,

1. BBQ Sandwich,
2. Crisпитos, Carrot Sticks w/ Ranch, Salsa, Baked Beans (1/2 cup), Pineapple Tidbits

Tuesday, April 21

French Toast Sticks & Sausage, WG Muffin w/ Yogurt

1. Cheeseburger,
2. Deli Turkey Sandwich,
3. Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Applesauce

Wednesday, April 22

Sausage Biscuit, Breakfast Frudel,

1. Chicken Nuggets w/ Roll,
2. PBJ/Wow Sandwich w/ Chips
3. Manager's Choice Entrée, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, April 23

WG Muffin w/ Yogurt, Turkey Sausage & Egg Scramble

1. Chicken Alfredo w/ Roll
2. Chicken Sandwich
2. PBJ/Wow Sandwich w/ Chips, Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

Friday, April 24

Chicken Biscuit, Frosted Breakfast Pastry

1. Lemon Pepper Wings w/ Roll,
2. Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Celery Sticks w/ Ranch, 100% Juice

Cool Veggies!



E P S A

N O N O S I

C A N S H I P

B A G E B A C

T E L E C U T

C R I B O O L C

Some vegetables are called "cold hardy." That means they can be harvested in the cool of winter in Florida or California. Or, in the colder states, they can be planted in early spring, up to 6 weeks before the last freeze. We've scrambled the names of some of these tough guys above. Unscramble them, then write the circled letters below and unscramble to name the cold hardy veggie that's pictured here!

CIRCLED LETTERS:

ANSWER

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

LINQ Connect

Online School Meal Payment Portal: Linqconnect.com