

Menus for September 2025

Henry County High Schools

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast (in blue):

Assorted Cereal
Fresh Apples & Oranges
100% Fruit Juice
Choice of Low Fat Milk

Lunch:

Fresh Apples & Oranges
Stuffed Crust Pizza
Chicken Wrap
Choice of Low Fat Milk

*Pork products listed in pink.



Featured Specials of the Day

Monday, September 1



Tuesday, September 2

WG Muffin w/ Yogurt, French Toast Sticks w/ Sausage,
1. Cheeseburger, 2. Deli Turkey Sandwich w/ Chips
Seasoned Fries, Lettuce & Tomatoes, Sliced Pears

Wednesday, September 3

Sausage Biscuit, Mini Bagels w/ Cream Cheese,
1. Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich
w/ Chips 3. Grilled Cheese, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, September 4

WG Muffin w/ Yogurt, Breakfast Pizza,
1. Beefy Nachos w/ Salsa 2. PBJ/Wow Sandwich w/ Chips,
Black Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, September 5

Chicken Biscuit, Frosted Breakfast Pastry,
1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips,
3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch,
100% Fruit Juice

The original value meal & still a fantastic deal!

**Student
Breakfast**

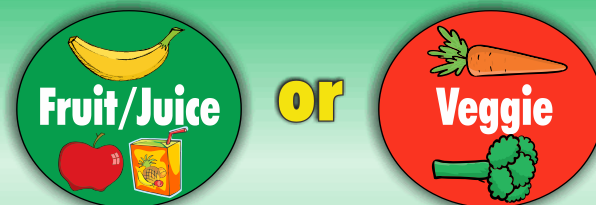
**Student
Lunch**

\$1.50 \$2.85

Need information on free and reduced-priced meals click here: <https://www.henry.k12.ga.us/divisions/business-and-financial-services/school-nutrition/free-and-reduced-meal-applications>

DON'T GET!

To make a lunch, choose at least one



Henry County Schools

2025-2026: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.50	\$2.75
Students Grades 6-12	\$1.50	\$2.85
Student Reduced Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.75	\$4.50
MILK ONLY	\$0.60	\$0.60
Adult Meals	\$2.75	\$4.50

LINQ Connect

Online School Meal Payment Portal: Linqconnect.com



Featured Specials of the Day

Monday, September 8

Sausage Biscuit, Chicken Biscuit,

1. Crisitos 2. PBJ/Wow Sandwich w/ Chips, 3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Applesauce

Tuesday, September 9

WG Muffin w/ Yogurt, Cheese Grits w/ Sausage & Toast,

1. Teriyaki Chicken & Rice, 2. PBJ/Wow Sandwich w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch, Sliced Peaches

Wednesday, September 10

Sausage Biscuit, Breakfast Frudel

1. Chicken Drumstick w/ Roll, 2. PBJ/Wow Sandwich w/ Chips
3. Popcorn Chicken w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, September 11

WG Muffin w/ Yogurt, Strawberry Mini Pancakes

1. Cheesy Beefaroni w/ Garlic Toast 2. PBJ/Wow Sandwich w/ Chips, 3. Deli Turkey w/ Chips, Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

Friday, September 12

Chicken Biscuit, Frosted Breakfast Pastry

1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips, 3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

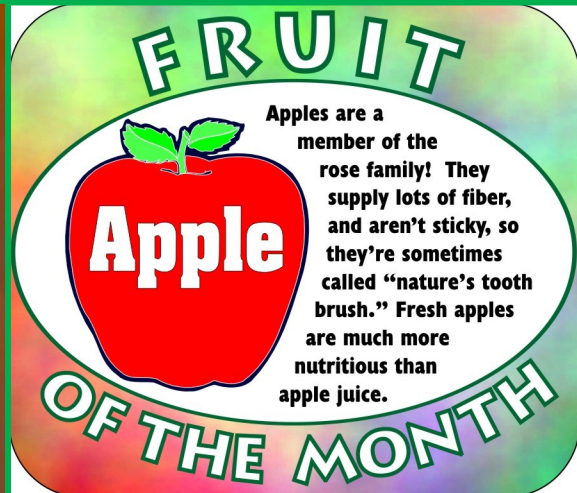


NUTRITION TO GO

When you munch on carrots or red pepper strips or an apple right before dinner time or as a first course at dinner, you're more likely to eat more of the fruit and veggies, and you're also less likely to overindulge on less healthy parts of your meal -- and you may even find that you don't have room for dessert!

A QUICK BITE FOR TEENS

LOCAL HARVEST OF THE MONTH



DON'T GET!

Take at least ONE

FRUIT or VEGGIE

and at least THREE items total so your meal counts as a complete lunch!

Featured Specials of the Day

Monday, September 22

Sausage Biscuit, Chicken Biscuit,

1. BBQ Sandwich, 2. Chicken w/ Mac & Cheese
Carrot Sticks w/ Ranch, Baked Beans (1/2 cup), Pineapple Tidbits

Tuesday, September 23

WG Muffin w/ Yogurt, Blueberry Pancake Stick

1. Cheeseburger, 2. Deli Turkey Sandwich, 3. Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Mandarin Oranges, Sliced Pears

Wednesday, September 24

Sausage Biscuit, Mini Bagels w/ Cream Cheese,

1. Ravioli w/ Roll 2. PBJ/Wow Sandwich w/ Chips
3. Chicken Nuggets w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, September 25

WG Muffin w/ Yogurt, Croissant Turkey Ham & Cheese,

- Breakfast Bun, 1. Lemon Pepper Chicken Wings w/ Roll
2. Spicy Chicken Sandwich 3. Stuffed Crust Pizza, 4. PBJ/Wow Sandwich w/ Chips, Corn on the Cob, Celery Sticks w/ Ranch, 100% Fruit Juice

Friday, September 26

- Chicken Biscuit, Frosted Breakfast Pastry, 1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Monday, September 29

Sausage Biscuit, Chicken Biscuit,

1. Crisitos 2. PBJ/Wow Sandwich w/ Chips, 3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Applesauce, Cookie

Tuesday, September 30

WG Muffin w/ Yogurt, Cheese Grits w/ Sausage & Toast,

1. Chicken Sandwich 2. Deli Turkey Sandwich 3. PBJ/Wow Sandwich w/ Chips, Potato Tots, Garden Salad w/ Ranch, Fresh Peach