Henry County Middle Schools

Menus for October 2026

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast (in blue):	Lunch:
Assorted Cereal	Fresh Apples & Oranges
Fresh Apples & Oranges	Stuffed Crust Pizza
100% Fruit Juice	Chicken Wrap
Choice of Low Fat Milk	Choice of Low Fat Milk

*Pork products listed in pink.

HENRY COUNTY SCHOOLS NUTRITION
Nourishing Student Achievement

2026-2027: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	$1.75	$3.00
Students Grades 6-12	$1.75	$3.10
Student Reduced Priced Meals	$0.30	$0.40
Student Second Meals	$3.00	$5.00
MILK ONLY	$0.75	$0.75
Adult Meals	$3.00	$5.00

Featured Specials of the Day

Thursday, October 1

WG Muffin w/ Yogurt, Strawberry Mini Pancakes,
1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,
3.Fajita Chicken Quesadilla, Whole Kernel Corn,
Garden Salad w/ Ranch, 100% Fruit Juice

Friday, October 2

Online Learning Day

Fall Break No School

No School:
Oct. 5th-Oct.9th

CAFETERIA CIRCUS
NATIONAL SCHOOL LUNCH WEEK
OCT 12TH-16TH *2026

JOIN US FOR NATIONAL SCHOOL LUNCH WEEK OCTOBER 12-16

CAFETERIA CIRCUS

#NSLW Art Contest: Submit Your Original #NSLW Themed Art to Your School Nutrition Manager by Oct. 16th & You Could Win A Prize!!!

Monday, October 12

Sausage Biscuit, Chicken Biscuit,
1.Chicken w/ Mac & Cheese, 2.Mini Corn Dogs, Carrot Sticks w/ Ranch, Baked Beans (1/2 cup), Banana

Tuesday, October 13

WG Muffin w/ Yogurt, Breakfast Bun,
1.Cheeseburger, 2.Deli Turkey Sandwich,
3. Garden Salad w/ Chicken, Lettuce & Tomatoes,
Seasoned Fries, Sliced Pears

Wednesday, October 14

Sausage Biscuit, Breakfast Frudel,
1.Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips 3. Orange Chicken, Steamed Broccoli, Savory Rice, Carrot Sticks, Fresh Apple

Thursday, October 15

WG Muffin w/ Yogurt, Breakfast Pizza,
1.Beefy Nachos 2.PBJ/Wow Sandwich w/ Chips,
3.Cowboy BBQ Nachos Salsa, Carrot Sticks w/ Ranch,
Black Bean & Corn Salsa, Frozen Juice Cup

Friday, October 16

Chicken Biscuit, Frosted Breakfast Pastry
1.Lemon Pepper Wings w/ Roll, 2.Stuffed Crust Pizza,
PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn,
Celery Sticks w/ Ranch, 100% Juice

LINQ Connect

Online School Meal Payment Portal: Linqconnect.com

Featured Specials of the Day

Monday, October 19

Sausage Biscuit, Chicken Biscuit,
1.Crispitos 2.PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Bean & Corn Salsa,
Carrot Sticks w/ Ranch, Applesauce

Tuesday, October 20

WG Muffin w/ Yogurt, Cheese Grits w/ Sausage & Toast,
1.Spicy Chicken Sandwich, 2.Manager's Choice Entree
3.PBJ/Wow Sandwich w/ Chips, 4. Garden Salad w/ Chicken
Potato Tots, Garden Salad w/ Ranch, Sliced Peaches

Wednesday, October 21

Sausage Biscuit, Mini Bagels w/Cream Cheese,
1.Popcorn Chicken w/ Roll, 2.PBJ/Wow Sandwich
w/ Chips, 3.Ravioli w/ Roll, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, October 22

WG Muffin w/ Yogurt, Blueberry Pancake Stick,
1.Chicken & Waffles
2.PBJ/Wow Sandwich w/ Chips, Celery Sticks,
Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, October 23

Chicken Biscuit, Assorted Cereal,
1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,
3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch,
100%Fruit Juice

DON'T 4GET!

Take at least ONE

FRUIT or VEGGIE

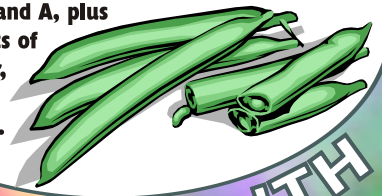
and at least THREE

items total so your meal counts as a complete lunch!

VEGETABLE OF THE MONTH

Green Beans

Green beans are loaded with stuff that's good for you! They're an excellent source of vitamins C, K, and A, plus they provide lots of minerals, fiber, and beta-carotene.



The original value meal & still a fantastic deal!

Student Breakfast	Student Lunch
$1.75	$3.10

Need information on free and reduced-priced meals click here: https://www.henry.k12.ga.us/divisions/business-and-financial-services/school-nutrition/free-and-reduced-meal-applications

Featured Specials of the Day

Monday, October 26

Sausage Biscuit, Chicken Biscuit,
1.Cowboys BBQ Nachos 2.Mini Corn Dogs, Whole Kernel Corn,
Baked Beans (1/2 cup), Banana

Tuesday, October 27

WG Muffin w/ Yogurt, Egg & Turkey Sausage Scrambler,
1.Cheeseburger, 2.Manager's Choice Entree
3. Garden Salad w/ Chicken, Lettuce & Tomatoes,
Seasoned Fries, Sliced Pears

Wednesday, October 28

Sausage Biscuit, Breakfast Frudel,
1.Chicken Drumstick w/ Roll, 2.PBJ/Wow Sandwich
w/ Chips, 3.BBQ Pork Ribs w/ Roll, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, October 29

WG Muffin w/ Yogurt, Blueberry Mini Pancakes,
1.Spaghetti w/ Garlic Toast 2.PBJ/Wow Sandwich
w/ Chips, 3. Chicken Sandwich, Carrot Sticks w/ Ranch,
Green Beans, Frozen Juice Cup

Friday, October 30

Chicken Biscuit, Frosted Breakfast Pastry
1.Spicy Chicken Strips w/ Roll, 2.Stuffed Crust Pizza,
3.PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn,
Celery Sticks w/ Ranch, 100% Juice

BE ALERT & PLEASE STAY SAFE!