Menus for September 2026

Henry County High Schools

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast (in blue):
Assorted Cereal
Fresh Apples & Oranges
100% Fruit Juice
Choice of Low Fat Milk

Lunch:
Fresh Apples & Oranges
Stuffed Crust Pizza
Chicken Wrap
Choice of Low Fat Milk

*Pork products listed in pink.

HENRY COUNTY SCHOOLS NUTRITION
Nourishing Student Achievement

2026-2027: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	$1.75	$3.00
Students Grades 6-12	$1.75	$3.10
Student Reduced Priced Meals	$0.30	$0.40
Student Second Meals	$3.00	$5.00
MILK ONLY	$0.75	$0.75
Adult Meals	$3.00	$5.00

Featured Specials of the Day

Tuesday, September 1
WG Muffin w/ Yogurt, French Toast Sticks w/ Sausage,
1.Spicy Chicken Sandwich, 2.Deli Turkey Sandwich
3.PBJ/Wow Sandwich w/ Chips, 4. Garden Salad w/ Chicken
Potato Tots, Garden Salad w/ Ranch, Sliced Peaches

Wednesday, September 2
Sausage Biscuit, Mini Bagels w/ Cream Cheese,
1.Chicken Nuggets w/ Roll, 2.PBJ/Wow Sandwich w/ Chips,
3. Ravioli w/ Roll, Whole Kernel Corn,
Mashed Potatoes, Fresh Apple

Thursday, September 3
WG Muffin w/ Yogurt, Breakfast Pizza,
1.Chicken w/ Mac & Cheese 2.PBJ/Wow
Sandwich w/ Chips, 3. Chicken Sandwich, Carrot Sticks
w/ Ranch, Steamed Broccoli, Frozen Juice Cup

Friday, September 4
Online Learning Day

Monday, September 7
★ LABOR DAY ★

Tuesday, September 8
WG Muffin w/ Yogurt, Egg & Turkey Sausage Scrambler,
1.Cowboys BBQ Nachos 2.Mini Corn Dogs, Whole Kernel Corn,
Baked Beans (1/2 cup), Fresh Peach

Wednesday, September 9
Sausage Biscuit, Breakfast Frudel,
1.Cheeseburger, 2.Deli Turkey Sandwich, 3. Garden Salad w/
Chicken, Lettuce & Tomatoes, Seasoned Fries, Fresh Apple

Thursday, September 10
WG Muffin w/ Yogurt, Blueberry Pancake Stick,
1.Orange Chicken & Rice, 2.PBJ/Wow Sandwich w/ Chips,
Carrot Sticks w/ Ranch, Sweet Peas, Frozen Juice Cup

Friday, September 11
Chicken Biscuit, Assorted Cereal,
1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3. Hot Dog,
Whole Kernel Corn, Garden Salad w/ Ranch, 100%Fruit Juice

The original value meal & still a fantastic deal!

Student Breakfast	Student Lunch
$1.75	$3.10

Need information on free and reduced-priced meals click here: https://www.henry.k12.ga.us/divisions/business-and-financial-services/school-nutrition/free-and-reduced-meal-applications

LINQ Connect

Online School Meal Payment Portal: Linqconnect.com

Featured Specials of the Day

Monday, September 14

Sausage Biscuit, Chicken Biscuit,
1.Crispitos 2.PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Bean & Corn Salsa,
Carrot Sticks w/ Ranch, Applesauce

Tuesday, September 15

WG Muffin w/ Yogurt, Cheese Grits w/ Sausage & Toast,
1.Spicy Chicken Sandwich, 2.Sloppy Joe Sandwich 3.PBJ/Wow Sandwich w/ Chips, 4. Garden Salad w/ Chicken Potato Tots,
Garden Salad w/ Ranch, Sliced Peaches

Wednesday, September 16

Sausage Biscuit, Mini Bagels w/Cream Cheese,
1.Popcorn Chicken w/ Roll, 2.PBJ/Wow Sandwich
w/ Chips, 3.Chicken Drumstick w/ Roll, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, September 17

WG Muffin w/ Yogurt, Blueberry Mini Pancakes,
1.Cheesy Beefaroni w/ Garlic Toast 2.PBJ/Wow Sandwich
w/ Chips, 3. Corn Dog, Carrot Sticks w/ Ranch,
Green Beans, Frozen Juice Cup

Friday, September 18

Chicken Biscuit, Frosted Breakfast Pastry
1.Spicy Chicken Strips w/ Roll, 2.Stuffed Crust Pizza,
PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn,
Celery Sticks w/ Ranch, 100% Juice

Featured Specials of the Day

Monday, September 21

Sausage Biscuit, Chicken Biscuit,
1.BBQ Sandwich, 2.Mini Corn Dogs, Carrot Sticks
w/ Ranch, Baked Beans (1/2 cup), Pineapple Tidbits

Tuesday, September 22

WG Muffin w/ Yogurt, Breakfast Bun,
1.Cheeseburger, 2.Deli Turkey Sandwich,
3. Garden Salad w/ Chicken, Lettuce & Tomatoes,
Seasoned Fries, Sliced Pears

Wednesday, September 23

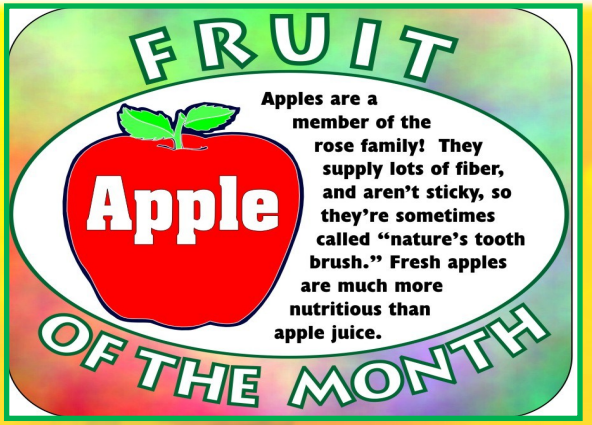
Sausage Biscuit, Breakfast Frudel,
1.Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich
w/ Chips 3. Grilled Cheese Sandwich, Steamed
Broccoli, Mashed Potatoes, Fresh Apple

Thursday, September 24

WG Muffin w/ Yogurt, Breakfast Pizza,
1.Beefy Nachos 2.PBJ/Wow Sandwich
w/ Chips, Salsa, Carrot Sticks w/ Ranch,
Black Bean & Corn Salsa, Frozen Juice Cup

Friday, September 25

Chicken Biscuit, Assorted Cereal,
1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,
3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch,
100%Fruit Juice



10 x 2.

Here's a simple way to roll a wellness "strike" twice a day, every day. Add just 10 minutes of daily exercise to whatever you're doing now. And get to bed just 10 minutes earlier than usual. Easy formula for improved wellness, right? Might even improve your bowling game!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Featured Specials of the Day

Monday, September 28

Sausage Biscuit, Chicken Biscuit,
1.Crispitos 2.PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Bean & Corn Salsa,
Carrot Sticks w/ Ranch, Applesauce

Tuesday, September 29

WG Muffin w/ Yogurt, French Toast Sticks w/ Sausage,
1.Teriyaki Chicken w/Rice, 2. PBJ/Wow Sandwich
w/ Chips, 3. Garden Salad w/ Chicken, Green Peas,
Carrot Sticks w/ Ranch, Sliced Peaches

Wednesday, September 30

Sausage Biscuit, Mini Bagels w/Cream Cheese,
1.Popcorn Chicken w/ Roll, 2.PBJ/Wow Sandwich
w/ Chips, 3.Chicken Alfredo w/ Roll, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, October 1

WG Muffin w/ Yogurt, Strawberry Mini Pancakes,
1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,
3.Fajita Chicken Quesadilla, Whole Kernel Corn,
Garden Salad w/ Ranch, 100% Fruit Juice