

Harvest of the Month

Peaches

Peach Facts

- August is National Peach Month
- Peaches are part of the rose family—so are plums, apricots, and almonds.
- The fuzz on peach skins is controlled by single gene. A Nectarine is a type of peach that has smooth skin instead of velvety.
- Georgia produces more than 40 commercial varieties of peaches, divided into 2 categories – freestone and clingstone.
- In a clingstone, flesh is tightly attached to the stone. Freestone types can be easily removed from the stone.
- Peaches are rich source of fiber, vitamin C, A and E. They also contain high amount of potassium, magnesium, zinc and phosphorus.
- First fruit will appear on the peach tree after 3 years. This plant usually lives around 12 years.

Farm Facts



- This months harvest comes from Jaemor Farms in the North Georgia Mountains of Alto, GA.
- This 600 acre farm also produces homegrown strawberries, blackberries, muscadines, scuppernongs, concord grapes, watermelon, squash, tomatoes, zucchini, pumpkins and more.
- To find out more about this family farm you can visit <http://www.jaemorfarms.com/>



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